

New Year, New Goals!

Global Citizenship – Lesson Plan



Introduction

This lesson is divided into two parts, the first being a short video to get students thinking about resolutions. In the second part, students are asked to reflect on their own actions and create resolutions in order to make the world a better place for all this year!

Curriculum Links

Social, personal and health education

Learning Objective

Asses the importance of individual actions and how we can choose our actions to make the world a better place.

Materials

Activity sheets, colouring utensils, scissors, glue/tape, brass fasteners (optional)

Learning Methodology

Art, discussions, idea-storming

Target Age

1st-5th Class

Time

1 hour

Preparation

Print New Year, New Goals! activity sheets

Part 1: Learning about New Year Resolutions

i) Watch [New Year's resolutions explained: the history of how to set better goals in 2022 | CBC Kids News](#)



Now that you've learned about what a New Year's Resolution is and what are some key tips to keep in mind while writing them, it your turn to make some resolutions!

New Years Resolution

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Part 2: Writing your own resolutions!

- i. Have students discuss in groups actions they do or wish to do that help the environment. These could be small actions or big ones, let the students get creative.
- ii. Follow directions to construct your New Year's Resolutions for the Earth. Note: there are two resolution activity sheets, one with prompts and one without prompts. Choose whichever you prefer.
- iii. When complete, ask students to share their resolutions in groups and/or class.
- iv. Don't forget to display the resolutions so the whole school can see your amazing work!



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New Year's Resolutions Activity Sheet



1. Write or draw your New Year's Resolutions to help the Earth.
hint: think about what you saw in the video!
2. Colour and cut out all pieces.
3. Attach your 4 resolutions to the square Earth is holding with hand pieces with glue, tape, or a brass fastener. Be sure you can flip through each square to see all your resolutions!

I will be...

I will share...

I will make...

I will give...

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